

Family revenue relations and amount of pocket money towards the consumption of vegetables and fruits at the primary school level

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ABSTRACT:

State elementary school 191 located in singengu village kec.Kotanopan, is a school that has students with low consumption of vegetables and fruits. This study aims to determine the relationship between family income and the amount of money with the consumption of vegetables and fruits in the elementary school students of SDNegeri 191 Kec.Kotanopan. The type of research used is quantitative with cross sectional research design. The sample in this study was determined by taking the entire population into a research subject, as many as 93 students. The study was conducted at Singengu village Kec.Kotanopan Kab.Mandailing natal from March to April 2018. The results showed that family income has a relationship with the consumption of vegetables and fruit to the students (P value = 0.030) and the amount of pocket money to students have no relationship with the consumption of vegetables and fruits students (P value = 0.065). It is suggested that the parents should provide vegetable and fruits for student consumption every day. Bring vegetables and fruits to school train students to consume vegetables and fruits during the break time.

Keywords:

Family income, Amount of money pocket, Consumption of vegetables and fruits.