

Survey of the consumption of okra (*Abelmoschus esculentus* and *Abelmoschus caillei*) in a population of young people in Côte d'Ivoire

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Abstract:

In order to have data on the consumption of okra in Ivory Coast, a survey was carried out in a school in the town of Adjamé among young people aged between 15 and 35 years. The survey showed that all respondents knew okra 57.80% of respondents appreciate okra fresh, 39.20% dry and 03% do not appreciate at all the okra. It also showed that 18.60% of respondents appreciate the sauce gombo, 20.80% gouagouassou the sauce, the 13.80% Kopé sauce, 39.20% djoumblé the sauce, sauces made 0.8% made from sheets of okra. 06.80% do not like these sauces. All people surveyed know the varieties of "Gombo baoule" and "Gombo dioula." In conclusion, the existing prejudices about fresh okra are the dried okra is more popular among young people in Côte d'Ivoire.

Keywords:

Okra, Consumption, Ivory Coast.